

BRIEF CURRICULUM VITAE

Dr. Alan K. Sokoloff, D.A.C.B.S.P.

Doctor of Chiropractic, Diplomat of the American Chiropractic Board of Sports Physicians

Date of Birth: 8-25-60

Current Occupation:

Dr. Alan K. Sokoloff, P.C./

Yalich Clinic Performance and Rehabilitation Center

Chiropractor/Clinic Director

Since 1987

Crain Health Park

331 Oak Manor Dr., Suite 101

Glen Burnie, MD 21061

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Since 1991

Speaker / Presenter / Author

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Education Highlights:

University of Maryland, Baltimore County

Bachelors Degree/Health Science and Policy

Graduation Date: 1982

Palmer College of Chiropractic, Davenport, Iowa

Doctor of Chiropractic

Graduation Date: 1982-1985

New York College of Chiropractic

100 Hours Post Graduate

Certified Chiropractic Sports Practitioner 1992-95

New York and Logan Chiropractic Colleges

200 Hours Post Graduate

Diplomat Academic Board of Chiropractic Sport Practitioner Program, 1996

Education Highlights Continued:

- Sound Assisted Soft Tissue Mobilization Technique (SASTM) 10/20/06 / Instructor
- Graston I and II Technique Completion 12/03
- Completion and Certification as a Diplomat of the Academic Board of Chiropractic Sports Physicians (1996) American Chiropractic Association
- American College of Sports Medicine:
 - Certified Team Physician Course 1996
 - Advanced Team Physician Course 1997
- Active Release Technique Part I and II
NYCC, Newark, NJ, 1994

State/National Licenser:

National Board of Chiropractic
Examiners/Certified 1986

Pennsylvania State Chiropractic Board
November 1985

Maryland State Chiropractic/Physiotherapy Board
October 1986

New Jersey State Chiropractic Board
October 1986

Organizational Active Memberships/Affiliations/Associations:

- ❖ Maryland Chiropractic Association, *President/ second term*
- ❖ Professional Football Chiropractic Society *Board of Directors*
- ❖ American Chiropractic Association
- ❖ American Chiropractic Board of Sports Physicians
- ❖ SASTM Post-Doctoral Education Staff
- ❖ Graston Technique
- ❖ Council on Sports Injuries & Physical Fitness
- ❖ *Associate Faculty**, Northwestern Chiropractic College (*CEC Provider / preceptor host*)
- ❖ *Associate Faculty**, Palmer College of Chiropractic (*CEC provider / preceptor host*)
- ❖ *Associate Faculty**, NYCC, Diplomat Course (*CEC provider/preceptor host*)
- ❖ *Associate Faculty*, Logan College, (*CEC Provider*).
- ❖ American Running and Fitness Association
- ❖ United States Competitive Aerobic Federation
- ❖ American College of Sports Medicine
- ❖ United States Sports Medicine Society

Awards/Proficiencies/Professional Activities (Highlights):

- ❖ Baltimore Ravens (NFL) Team Chiropractor 1999 to Present
- ❖ Team Chiropractor, Washington Nationals, MLB (2005-2007 / 2009)
- ❖ Team Chiropractor, Bowie BaySox, Baltimore Orioles AA Affiliate 4/2004-present.
- ❖ Sports Chiropractor of the Year 2006; American Chiropractic Board of Sports Physicians.
- ❖ University of Maryland, College Park, Team Chiropractor (9/2004-Present)
- ❖ Baltimore Blast Co-Team Chiropractor: MISL (1990-2 / 2009-present)
- ❖ Consultant/Presenter: Anne Arundel County Youth Coaches Association. (2005- present)
- ❖ Consultant/Presenter: Anne Arundel County Risk Management. (2008- present)
- ❖ Author / Host "Back Talk" and "Hands-On": LVN Ergonomic Video Series
- ❖ Selected "Chiropractor of the Year", Maryland Chiropractic Association 2001-2.
- ❖ Washington Power Team Chiropractor, Professional Indoor Lacrosse 2000-2001
- ❖ Selected USA Olympic Sports Medicine Team Chiropractor for the 1999 Pan Am Games
- ❖ Goodwill Games 1998: United States Sports Medical Team Chiropractor
- ❖ Team Chiropractor, Baltimore Blast, Professional Indoor Soccer League 1998
- ❖ United States Olympic Committee: One of 4 doctors to be selected to serve residency at the United States Olympic Training Facility in Colorado Springs, CO, Summer 1997.
- ❖ Radio Talk Show Host: "TALKIN' BACK" AM680 WCBM, Baltimore, MD (1994-Present).
- ❖ Retriever Aquatic Club (UMBC):(1990-2001) Team Chiropractor/Trainer.
- ❖ University of Maryland Baltimore County: (1993-Present) Training Room Chiropractor.
- ❖ Credentialing Committee: Consensus Health (1999-2002)
- ❖ Coordinator for Chiropractic Services: Helix Health Plan (1996-99)
- ❖ Director of Chiropractic Services/Credentialing Committee / Utilization Review Board: New American Health, HMO for North Arundel Hospital.(1994-98)
- ❖ Selected Medical Team Member, 1996 Olympics, Atlanta, GA., Cleveland College.
- ❖ 1996 Chiropractic Sports Science Symposium, Atlanta, GA; Presenter / recipient of the John Nash Award For Best Multidisciplinary Abstract.
- ❖ Olympic Beach Volleyball Trials 1996, Medical Team Chiropractor
- ❖ Coordinator/Consultant for Chiropractic Services; Helix Health Care 1996-2000.
- ❖ United States Swimming, Olympic Training Center Workshop, Colorado Springs, 12/94
- ❖ American Council on Exercise: Certified Instructor/Provider of Continuing Education Credits.
- ❖ American Running and Fitness Association: Clinical Advisory Board/Contributor.
- ❖ United States Competitive Aerobic Federation: Regional Ambassador/Presenter/Publisher.
- ❖ The National Aerobic Championships: Medical Event Coordinator National Judge, Presenter/Lecturer (1989-96). World Aerobic Championship: Medical Coordinator (1990-96).
- ❖ NCAA Basketball Championship Medical Team Chiropractor, Baltimore MD, Rounds One and Two, March 1995
- ❖ Cast/Crew Chiropractor for touring Broadway Productions including, but not limited to, "Crazy For You" / "Les Miserables"/"The Rockettes"/ "Jekyl and Hyde"/ "Carrousel"/ "Grease"/"A Chorus Line. Regional Coordinator for Northeast United States.
- ❖ Instructor/Author for YMCA of Anne Arundel County: Sport Specific Coach's Programming on Sports Injuries
- ❖ Molson Professional Beach Volleyball: Medical Team Chiropractor (1992)
- ❖ Washington Wave, Professional Major Indoor Box Lacrosse: Team Chiropractor (1987-1989).

Continuing Education Provider: References and topics available upon request.

Continuing Educational Classes: available upon request.