

COURSE DESCRIPTIONS



2019

Dr. Alan Sokoloff

ChiroHealthUSA
The Network That Works for Chiropractic!

What You Say Can Hurt You: Risk Management in Sports Medicine

2 Hours

In recent years, chiropractors have continued to grow as an integral part of all sports at all levels. Yet, there are some DC's that lose great opportunities faster than they can get them. Much of that comes from what we say. Learn some key risk management strategies so you can not only survive but thrive in a sports setting.

"Alan's keen wit, gift for oration, leadership, and passion for service have greatly contributed to the success of the MCA and advanced Chiropractic in Maryland."

Timothy P. McKenna
Executive Director | Maryland Chiropractic Association

Successful Integration of Chiropractic in Sports Medicine

2 Hours

Chiropractic is an essential part of any team in the everyday care of athletes. At the Olympic, professional and college levels, great relationships are formed with the common goal of athletic rehabilitation, injury prevention, and wellness. Why to many relationships fail? Dr. Sokoloff will provide those answers and how to make the relationship a success.

Chiropractic Assistants: Aiding in the Treatment of Sports Injuries

1-6 Hours

Your chiropractic assistant will be a stronger asset with a stronger background in sports related injuries. We will review injuries that are both gender and age related. We will go through the terms that will make them more familiar and discuss contributory factors in each case. From head to toe, we will discuss the most common ones and the importance of knowing the mechanism of injury.

*More courses coming soon. Need something specific,
email kristi@chirohealthusa.com*

ALL ABOUT DR. ALAN SOKOLOFF

Dr. Sok draws from more than 30 years' experience as a clinician, educator and sports enthusiast while delivering leading edge material designed just for your group to implement. His versatile delivery style guarantees captivating, entertaining and memorable programs. Recognized as someone who inspires, educates and entertains, Dr. Sok translates his knowledge of body mechanics for those who want to achieve a healthier lifestyle. In his rehabilitation clinic, he works daily with patients from all walks of life – from one-day old through 99 years of age.

Dr. Sok weaves into his programs the humor and richness of his experiences as an athlete, educator and practitioner in a down-to-earth and engaging style. He is a sought-after doctor and adviser to high school, college, and professional athletes including Olympic team members.



DR. SOK HIGHLIGHTS

- Founder / Presenter: POWERPlay In Sports (www.powerplayinsports.com)
- Consultant: Anne Arundel County Risk Management
- Consultant/Coordinator : AACO Youth Coaches Certification
- Contributing Editor: Maryland State Youth Soccer Association
- "Sports Chiropractor of the Year" (2006)
- "Chiropractor of the Year" (2001-2002)
- Diplomat of the American Chiropractic Board of Sports Physicians
- Sports Medicine Team Chiropractor for NFL's Baltimore Ravens since 1999
- Sports Medicine Team Chiropractor Team for the University of Maryland since 1991
- Sports Medicine Team Chiropractor for the Baltimore Orioles AA Team, Bowie Baysox
- Medical Staff of the Washington Nationals (2005-6)
- USA Sports Medicine Team, Pan Am Games (1999)
- USA Sports Medicine Goodwill Games (1998)
- Completed residency at the Olympic Training Center in Colorado Springs (1997)
- Cast and crew chiropractor for Broadway productions including: Crazy For You, Les Miserables, Jekyll and Hyde, A Chorus Line and Grease